

The Wise Woman's Way Fee Schedule

Individual Coaching Packages

The client gets individual attention, using intuitive questioning, writing assignments, brainstorming sessions, and other coaching techniques to address life issues of particular importance. Coaching is generally found to be a life altering experience. It is generally accepted that a three-month coaching experience will result in noticeable change, and it is strongly advised that the client make that commitment to him/herself.

Fees are based on one-hour private sessions... three weeks on/one week off = one month

Sessions can be conducted in person or by phone.

<u>Package</u>	<u>Personal Investment</u>
Gold three one-hour coaching sessions daily check-in calls, Mon-Fri unlimited emails	\$500/month
Silver three one-hour coaching sessions two check-in calls per week, Mon-Fri four emails per week	\$400/month
Bronze three one-hour coaching sessions One check-in call per week, Mon-Fri two emails per week	\$300/month

Budget plans available—also see the Referral plan below

Group Coaching Packages based on one-hour sessions... three weeks on/one week off = one month

This can be a rewarding and fun experience for short-term coaching, ranging from six weeks to four months. A specific topic is the focus for the prescribed period, and all members of the group take part in each one-hour session. This could be a great way to create a sense of camaraderie in people prior to the beginning of a group undertaking, or for a person to work through certain issues with the support of like-minded individuals.

Small Group (2-3 people)

Similar to gold, silver, and bronze packages above, with time and cost shared by all members of the group. Sessions can be conducted in person or by phone, depending on the geographic location of participants.

Standard Group (6 people) sessions conducted on teleconference at a designated time each week

Three one hour weekly calls/one week off = one month

Group communication via Group email list

One email per individual group member per week, Mon-Fri

Duration of experience: from six weeks to four months, depending on topic/issues to be addressed

Personal investment by each participant: \$200 per month

Earn yourself a free seat in the group if you gather and coordinate the other members yourself—call to discuss details

Corporate Coaching on Emotional Intelligence

Assessments and coaching are done using the Genos™ Emotional Intelligence model and materials. Contact Gail for consultation regarding your specific corporate needs and to receive a quote for the project. Depending on the scope of the project, some of the coaching may be done by members of the EI Alliance of trained and certified Emotional Intelligence coaches with whom Gail has partnered.

Referral Plan

The best compliment you can give is to refer your friends and family members for coaching. Share with them the life changing experience of coaching. Doing so can earn you free coaching sessions!!

-For each full-fee client you refer to me who enrolls in coaching for at least three months, you will earn one free session.

-Gather 5-6 friends/family members for a Standard Group coaching experience via teleconference, and you will earn a free seat in that program.

-There is no limit to the number of free sessions you can earn by referring clients to me.

-Arrange a successful speaking engagement for me, and earn a generous discount on your next session.

-Arrange an introduction through your company that results in an Emotional Intelligence contract, and you will earn months of free coaching for yourself, depending on the scope of the project undertaken.

Speaking engagements

I am available to speak at club/school/group meetings, and will gladly communicate with your meeting coordinator regarding the timing and topics desired.

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“Guiding Baby Boomer women on
the exciting path of the second half of life!”